

## THINGS TO KNOW BEFORE YOU GO

### CAMBODIA

(Updated March 2019)

#### TRAVEL DOCUMENTS

- Passports must be valid for at least 6 months from the return date of your trip
- Entry visas are required to Cambodia
- For US Passport holders – Cambodia Visa may be purchased upon arrival in Cambodia. You will need the following:
  - \$25 cash (USD) paid to Cambodia Customs upon arrival
  - Valid USA passport
  - One recent passport size 2" x 2" color photo
  - Completed visa application form (available upon arrival in Cambodia)
- Non US citizens, please check with the appropriate embassy or consulate for requirements

#### BAGGAGE

Baggage allowance for international flights may vary by airline and is subject to change at any time. Please refer to the below information for Bangkok Airways' baggage policy as of December 2014. For up to date baggage allowance information, please check directly with the airlines.

##### **Baggage Allowance:**

- **Bangkok Airways** → The standard free checked baggage allowance 1 piece per person up to 20 kg (44 lbs). Carry-on baggage is limited to 1 per person up to 5 kg.

##### **Important Luggage Info & Tips**

- DO NOT pack medicine, valuables, and other personal necessities in checked luggage. Keep these items in your carry-on bag
- **Important note: Affordable World Tours' representatives cannot enter the luggage claim area. After you collect your luggage please exit the baggage claim area from exit C. Our local Affordable World representative will be waiting for you outside with an Affordable Asia/World flag or sign.**

#### CURRENCY

Cambodia currency is called Cambodia Riel (KHR). As of March 2019, the exchange rate is \$1 U.S dollar to 3985.07 KHR. You may exchange your currency at a hotel to obtain best exchange rates. We suggest you bring a combination of cash and credit cards for your trip. Most department stores, hotels and restaurants will accept major credit cards such as American Express, Visa, and MasterCard. However it is more convenient to use cash especially if you are planning to shop and eat in smaller shops.

Please always keep your currency exchange receipts as you may need to present these when changing KHR back to your own currency at the end of your trip.

#### HEALTH & MEDICAL MATTERS

Required medical and vaccination requirements vary between countries and it is important you check with your family doctor or a qualified medical professional for the most up to date travel health information for the region you are visiting. Due to the length of the trip, it is advised you consult your doctor for existing medical/dental conditions before departure. It is advised to pack any prescription medicine in your carry on hand luggage. Please make sure prescription medicine is fully labelled. It may also be useful to bring aspirin, over-the-counter medicine for the flu, indigestion, motion sickness, etc. In case of illness during the trip, please immediately notify your tour guide for assistance.

**ELECTRICAL REQUIREMENT**

Cambodia’s electrical system operates at 220 volts so a converter is needed to operate a normal 110 volt American appliance. Electrical appliances will also require an adapter that change the shape of the plug prongs. It is recommended travellers bring their own voltage converter and adapter

**SHOPPING**

Although Affordable World Tours’ national guides will be happy to assist you with any shopping requirements, Affordable World Tours does not assume responsibility for any items purchased at shops while on tour. You are never required to purchase any items while on tour and thus must be responsible for your own purchases. Any after sales correspondence must be between the passenger and the shop in question.

**CLIMATE & CLOTHING:**

Cambodia is a tropical country and experiences fairly consistent weather with two distinct seasons:

**Jun – Oct** → Rainy (80-95 F) with one or two afternoon downpours a day

**Nov – May** → Dry (80-100 F) with little rain

- Clothes should be light and loose; natural fibres or blends are best
- Sunglasses are essential, light hats advisable
- Sleeveless tops and shorts/skirts are not allowed in temples for both men and women. It is best to wear pants and a shirt with sleeves when visiting temples
- Shoes must be removed upon entering temples, so non laced shoes (but not sandals without back straps) are best.

**USEFUL CAMBODIAN (KHMER) PHRASES**

Yes (for men)	Baat
Yes (for women)	Chaa
No	Tei
Thank You	Awkun
Hello (Informal)	Sues’dai
Hello (polite)	Chum reap sour
Goodbye (informal)	Leah sen heuy
Goodbye (polite)	Chum riep leah
Where is the toilet?	Bangkun now ey nah?
What time is it?	Moung bon maan?
Excuse me	Soum doh
Please	Soum

**CAMBODIA EMERGENCY PHONE NUMBER**

855-12-833365